

MARMOT TOURS,
Box 1804, Jasper, Alberta, T0E 1E0, Canada
Email: info@marmottours.com
Phone: toll free in North America 1 888 862-7668

Equipment and Clothing List for overnight trips:

Clothing:

Sun hat
Rain hat
Light gloves + spares
T shirt (synthetic)
Warm long sleeve shirt (synthetic)
Light fleece jacket/vest
Heavy fleece jacket/down or synthetic
Rain jacket and pants or rain poncho
Hiking pants
Shorts
Socks + spares (2 pairs)
Backpacking boots
Gaiters

Gear:

Overnight pack (60 liter minimum lined with a plastic bag)
Extra clothes; T shirt, warm shirt, underwear & socks
Long underwear to sleep in (tops and bottoms)
Camp shoes/river crossing (neoprene paddling shoes) (optional)
Camp chair (optional)
Rain cover for pack
Sleeping bag (-5 degrees centigrade)
Water bottle/ bladder type that goes in your pack (preferred)
Pocket knife
Sunglasses + spares
Sunscreen
Insect repellent
Toilet paper + lighter or matches
Pack towel (quick drying type)
Personal hygiene kit:
 Toothbrush, paste & floss
 Hair brush
 Cold medicine

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Equipment List continued:

Personal first aid kit— blister stuff & bandages
Lotion
Tampons + plastic bag
Bio-degradable soap/antibacterial hand sanitizer
Hiking pole
Umbrella (optional)
Camera + spare film & battery (optional)
Binoculars (optional)
Journal & pencil (optional)
Flash light + spare battery

You can reserve rental equipment through us.
Please book as early as practical to avoid disappointment.
Marmot Tours
1 888 862-7668